



SOCIETY FOR PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOLOGY

DIVISION 39

AMERICAN PSYCHOLOGICAL ASSOCIATION



From the President

Barry Dauphin, PhD, ABPP

I wanted to provide you with an update on our efforts to address the damaging white paper disseminated by Lyra Health.

Dana Sinopoli and I began a process with the Professional Issues Committee to draft a letter to Lyra. When we got to a "good place" with that letter, Dana and I had two conference calls with APA, which included **Jared Skillings, Deanne Ottaviano, Lynn Bufka** and **Alan Nessman**. Although we were concerned that APA might try to weaken what we wrote, they were not only supportive, but helped strengthen the letter. In fact they suggested how we could put Lyra on notice that it had now been informed that it published false and damaging information

now we could put Lyra on notice that it had now been informed that it published false and damaging information with respect to psychoanalysis. They agreed that Lyra's labeling psychoanalysis as iatrogenic was completely wrong and holds them open to potential litigation in the way they've done it. We are appreciative of APA's efforts in this matter.

Jared thanked the division for bringing this up. They appreciated our advocacy and leadership, as Lyra's communications could affect other divisions and patient populations. The APA group looked through this white paper (November 2019), which labeled psychoanalysis as iatrogenic, and another one Lyra published in March 2019 and had concerns with respect to other divisions (especially Division 30-Hypnosis). So APA has contacted Division 30 and will write its own letter. APA will take a more educative approach with Lyra but is comfortable with our hard-nosed letter. We have shared our letter with Division 30 in order to be of assistance with their efforts.

Dana Sinopoli has done an extensive amount of work for this and deserves our appreciation and gratitude. I want to acknowledge other contributors, especially **Ghislaine Boulanger, Dana Charatan, Stephen Soldz, and Allan Scholom**, all of whom made substantive suggestions. This was a real team effort. The letter has been sent to Lyra, and we expect that Lyra will feel compelled to respond.

I am including the text of the letter below. We will update you as this develops further.

February 20, 2020

Lyra Health Inc

Attn: David Ebersman

CFO/Founder, Lyra Health Inc

287 Lorton Ave, Burlingame, CA 94010

Re: Notice of Inaccurate and Potentially Defamatory Content in Lyra White Papers Related to Psychoanalysis.

Dear Mr. Ebersman:

The Society for Psychoanalysis and Psychoanalytic Psychology, Division 39 of the American Psychological Association, recently became aware of a Lyra white paper used to support which therapies and treatments your health company is willing to reimburse (November 2019: [Research suggests alarming lack of evidence-based mental health treatments in health plan networks](#)).

We are alarmed by much of the content of this November 2019 paper, particularly the fact that psychoanalysis is listed as one of the common iatrogenic therapies. This claim is categorically false and without context. Even more alarming is that your marketing material asserts that this claim is supported by empirical research.

This letter provides notice that information presented in these white papers that purport to restate scientific conclusions about efficacy and harm associated with psychoanalysis is inaccurate, potentially defamatory, must immediately be retracted, and may be subject to legal action.

Your claim that psychoanalysis is "iatrogenic" communicates to the public that psychoanalysis is harmful. Due to the forcefulness of this claim, we would expect you to cite credible empirical research with evidence indicative of this harm. Yet the research you cite lacks credibility and is deeply flawed. In fact, there is strong empirical support for the positive benefits of psychoanalytic psychotherapy: see Cogan and Porcerelli, 2005; Kealy & Ogrodniczuk, 2019; Leichsenring and Rabung, 2008, 2011; Levy, Ablon, & Kächele, 2011; Shedler, 2010; Steiner et. al, 2017; Wohl & Schönbrodt, 2019 just to name a few. We can also provide you with further references supporting the validity and effectiveness of psychoanalytic therapy upon request.

In effect, by making false claims and denying the existing research and clinical data, Lyra restricts access to a beneficial treatment and may be perceived to malign all therapists who practice psychoanalysis. Publishing falsehoods about a treatment that is beneficial to a wide range of individuals runs counter to the public good. While we recognize that more intensive, longer-term therapies can be paired with another plan or employer, your white paper misleads the public into thinking that at best, no therapy should last longer than 25 sessions, and at worst, that longer term work such as psychoanalysis is harmful.

Furthermore, the potential damage goes much further than the companies and employees that use Lyra's insurance in the context of an employee assistance program. Unwitting consumers and other companies might accept the authority of this white paper, which contains false information, thereby restricting their options for treatments that work. Therefore, your (mis)characterization of psychoanalysis goes beyond mere misrepresentation and may amount to libel and consumer fraud.

You have marketed Lyra as a "smart network for treating mental health" using multiple events and conferences as a platform for this message. By falsely labeling psychoanalysis as harmful to the public, you betray your pledge to connect companies and people to treatments "that work." Essentially, Lyra is both avoiding paying for high-quality mental health services and making false or misleading statements to consumers about those services to justify that constriction of care.

Lyra is defaming those who practice psychoanalysis in its various forms, including psychoanalytic psychotherapy. Your white paper implies that anyone practicing psychoanalysis is harming the public. By listing a few specific therapy brands as evidence-based, such as CBT, listing psychoanalysis as iatrogenic, and barring reimbursement for its practice, Lyra may well be engaging in restraint of trade. In effect, Lyra's widespread dissemination of false information in the guise of a well-researched white paper may put psychoanalytic and other more open ended and, evidence-based, treatment providers out of business. This kind of messaging could also have antitrust implications.

The Society for Psychoanalysis and Psychoanalytic Psychology cannot allow this harmful attack to continue. This white paper is inaccurate, irresponsible, harmful to your consumers, harmful to the public at large, and harmful to psychoanalytic psychologists. For the reasons identified above, we demand that Lyra immediately change its online messaging by removing the white paper from the website, correct the record with respect to the misinformation that has been disseminated, and issue a public apology.

If we do not receive a response and a retraction apologizing for having made the above listed false claims within two weeks of the date this letter is sent out, please be advised that we will consider our legal options. At a minimum, this letter provides notice to Lyra of the misinformation contained in the documents you have published regarding psychoanalysis and imposes upon you a legal responsibility to correct the record.

Please also be aware that we have been in contact with the American Psychological Association to investigate your statements and related mental health care and insurance practices.

Regards,

Barry Dauphin, PhD, ABPP

President, Division 39

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any of its other Divisions or subunits.

Editor Column

Bill MacGillivray, PhD

Following a long interregnum, this new issue of *InSight*, the second one this year, we are now committed to publishing a newsletter on a monthly basis. For this issue, you will find some of the reports that will be discussed at next month's Board of Directors Meeting in New York. I want to highlight two of the articles. The first is by Steve Axelrod reporting on the ongoing work of the Fund for Psychoanalysis Committee. While his article is highly informative, feel free to skip immediately to the pledge form and download it from the issue (or go to <https://www.apadivisions.org/division-39/pledge-form.pdf>) and make your own contribution to this important project of SPPP.

The Publication Report also may be of interest since it also marks the debut of our new editor for *Division/Review*, Loren Dent. We trust the first issue under Loren's direction will shortly be in the mail. This important transition is important, but it is also important to thank David Lichtenstein, the retiring editor, who has agreed to "stick around" for the year to assist Loren in his new duties.

Having secured a new editor for *Division/Review*, we still are in search of an editor for *InSight*. We believe reviving this monthly publication will greatly help to inform our members of the wide-ranging activities of our members, from committees, sections and local chapters, who do so much to advance psychoanalytic theory and practice and innovative applications of psychoanalysis to social justice.

Finally, one last pitch: We have not been able to award the Johanna Tabin Book Prize for several years. We have had only a dwindling number of proposals for the last three years in contrast to the many highly qualified proposals that posed an embarrassment of riches for the judges during our first five years. We are hoping that this year we may do a better job of getting the word out to potential first-time authors (SPPP Members) who would like to have their book published by APA Books (and with a healthy advance on royalties as well. Please review the Tabin Prize and the criteria for applying for the award.

20/20
MARCH
18-21
THE GRAND HYATT
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RECKONING / FORESIGHT
40TH ANNUAL
SPRING MEETING

Society for Psychoanalysis & Psychoanalytic Psychology
Division 39 of the American Psychological Association

Register Today!

2020 Spring Meeting Special Events and Award Winners!

Thursday, March 19

Lenape Opening Ceremony – 5:00 pm to 5:30 pm

President Opening & Awards – 5:30 pm to 6:30 pm

Ballroom II, II, IV on the Ballroom Level

2020 Award Winners

Leadership Award – *Dennis Debiak, PsyD*

International Award for Academic Excellence – *Nancy McWilliams, PhD, ABPP*

Diversity Award – *Kirkland C. Vaughans, PhD*

International Award for Social Justice Activism – *Nina Thomas, PhD, ABPP, CGP*

Research Award – *Vittorio Lingiardi, MD*

Scholarship Award – *David Lichtenstein, PhD*

Founders Award – *Bryant Welch, PhD*

Poster Presentations and Opening Receptions – 6:30 pm to 8:00 pm

Ballroom Foyer on the Ballroom Level

Friday, March 20

8:30 am – 5:00 pm – Majestic Ballroom – Conference Level

ABPP Exam

10:30 am – 12:15 pm – Ballroom II, III, IV – Ballroom Level

Keynote – *Nancy Caro Hollander, PhD “ Psychoanalysis for Precarious Times: Decolonizing Our Theory and Praxis”*

12:15 pm – 2:00 pm – Broadway – Conference Level

Lenape Center Panel (Presidential Invited Lunch)

1:00 pm – 2:00 pm – Broadway – Conference Level

Bertram Karon Memorial and Discussion

2:15 pm – 4:00 pm – Carnegie – Conference Level

Research Award Talk – Research Awardee: Vittorio Lingiardi, MD

2:15 pm – 4:00 pm – Conference Level

Special Keynote Conversation – Conversation with Nancy Caro Hollander and Graduate Students

4:10 pm to 5:00 pm – Ballroom II, III, IV – Ballroom Level

Special Keynote – Mireille Fanon-Mendes France

5:30 pm – 6:30 pm – Conference Level

Special Keynote Conversation with Mireille fanon-Mendes France

6:30 pm – 8:00 pm – Regency Room and Regency Mezzanine – Mezzanine Level

President & Section I Conversation for Psychoanalytic Candidates, Graduate Students and Early Career Professionals

6:30 pm – 8:00 pm – Park Avenue Room and Park Mezzanine – Mezzanine Level

Section X & VIII Joint Reception

Saturday March 21

8:30 am - 10:15 am – Orpheum – Conference Level

Scholarship Award Presentation – Scholarship Awardee: David Lichtenstein, PhD

10:30 am – 12:15 pm – Ballroom II, III, IV – Ballroom Level

Keynote – Usha Tummala-Narra, PhD “Can We Decolonize Narratives on Development in Psychoanalysis?”

4:15 pm – 5:15 pm – Uris – Conference Level

Muriel Dimen Award and Stephen A. Mitchell Award

5:30 pm – 6:30 pm – Conference Level

Special Keynote Conversation – Usha Tummala-Narra and Graduate Students

6:30 pm – 8:00 pm – Gallery II & III – Lobby Level

Joint Reception Co-Sponsored by Section IX and the Committees of Early Career Professionals, International Relations, Multicultural Concerns and Sexualities and Gender Identities

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Committee Reports for Discussion at March Board of Directors' Meeting

Publication Committee Report

William A. MacGillivray, PhD, ABPP, Chair

Psychoanalytic Psychology, Christopher Christian, Editor

This report is a brief update to the report submitted to the Board of Directors in January 2020

- **2020 Stephen Mitchell Award and the new Muriel Dimen Award.** In fall 2019, a call for submissions was deployed to relevant APA groups, including the early career psychologist and graduate student networks within APA.
- The Recipient of the 2020 Stephen Mitchell Award is John Tanner for his paper: *Symmetry and Mutuality in the Imaginary: Analyzing the (Lack Of) Structure.*
- The Recipient of the 2020 Muriel Dimen Award are Elizaebth Clark and Kori Bennett for their paper:

The recipient of the 2020 Muriel Dimen Award are Elizabeth Clark and Ron Bennett for their paper: Crossing Guardians: Signaling and Safety in Queer and Trans Therapist/Patient Dyads.

Both papers will be presented on Saturday, March 21 at 4:15PM - 5:15PM, during the Division 39 Spring Conference in New York. The ceremony is listed in the program as follows: The Muriel Dimen Award and Stephen A. Mitchell Award | Uris | Conference Level.

Editorial Board Dr. David Lichtenstein has been added to the Editorial Board of Psychoanalytic Psychology.

Division/Review

Loren Dent, Editor and David Lichtenstein, Editor Emeritus

We have published 20 Issues of *DIVISION/Review* since its inception in the spring of 2011.

D/R continues to provide a mix of review essays, feature articles, and interviews in an informal broadsheet format. Our website which is linked to the Division website but also available independently at divisionreview.com/ posts articles from the print edition and is available for online discussion.

Issue #21 of *DIVISION/Review* is anticipated to be in print by late May/early June 2020. This issue is inspired by the 2019 International Psychoanalytic Association's conference on femininity and will contain the following contributions:

- Dany Nobus on the persistence of patriarchy
- Jamieson Webster on the potentials of conversion disorders
- Patricia Gherovici on menstruation and sexual difference
- Loryn Hatch on womanhood, menstruation and the challenge of clinical writing

The issue will also feature an interview with Marilyn Charles and Marie Brown on their edited book *Women and Psychosis: Multidisciplinary Perspectives*. Images for the issue are curated by Tim Maul, featuring the work of the late Jane Brown, alongside a written reflection by Maul.

Finally, the issue will be introduced by Loren Dent with an editor's introduction, outlining his vision for the publication.

Issue #22 will feature papers from the March 2020 conference of Division 39-SPPP.

Johanna Tabin Award

The Tabin Award is a product of the collaboration of the Division with APA Books. The purpose is to provide a contract for a psychoanalytic book by a first-time author member of the Division. The contract includes a \$1000 advance on royalties as well as recognition by the Division and APA. We have had several winners over the last ten or so years and several have gone on to be "best sellers." At least APA Books has been pleased with our offerings.

Unfortunately, we have not had a winner in several years and we remain puzzled why this is so. Initially, the committee would receive several submissions, but that, too, has dwindled over the years. Last year we only had one submission. It seems unlikely that there is no "market" for this award. It may be we need more aggressive marketing of the award.

Johanna K. Tabin Book Proposal Prize

Division 39-The Society for Psychoanalysis and Psychoanalytic Psychology (SPPP) and APA Books co-sponsor the Johanna K. Tabin Book Proposal Prize for a first book by a psychoanalytic author. This award competition is offered every year. The winner receives a certificate of recognition, a book contract with APA Books and a \$1,000 cash advance on royalties.

The aim of this prize is to encourage psychoanalytic writing by SPPP members who have yet to publish a psychoanalytic book. Prize criteria include good writing and originality, as well as clinical and scholarly relevance. The proposed book should promise to be an original and coherent monograph. Edited collections of previously published papers are not acceptable, nor are edited volumes of contributions by more than one author. Simultaneous submissions to other publishers will disqualify the entry.

Applicants must be members of Division 39 (SPPP) and not have previously published a psychoanalytic book.

The proposal should consist of:

- 1. A cover letter to include the author's identifying and contact information.
- 2. A full CV.
- 3. A statement of sufficient length to describe the mission, scope and potential contribution of the project to psychoanalysis.
- 4. A table of contents.
- 5. One, and only one, sample chapter.

Submissions are accepted as separate attachments in Word, rich text only or similar format. Blind review evaluations are conducted by the Book Proposal Committee, the editor of APA Books and an honorary judge.

Questions? Contact Bill MacGillivray, drmacg@comcast.net

Previous Award Winners

2016 Malin Fors: "A Grammar of Power in Psychotherapy" (2018)

2013 Usha Tummala-Narra, PhD: "Psychoanalytic Theory and Cultural Competence in Psychotherapy" (2016)

2009 Anthony Bram PhD: "Psychological Testing that Matters: Creating a Road Map for Effective Treatment" (2014)

2008 Perrin Elisha, PhD: "The Conscious Body: A Psychoanalytic Exploration of the Body in Psychotherapy" (2010)

Go to <https://www.apadivisions.org/division-39/about/awards/tabin> to review this information.

Task Force on Psychosis and Dissociation

Marie Brown, PhD

Description of Task Force: This task force was established in honor of Bertram Karon, recipient of the 2017 Founders Award for his lifetime achievement in psychodynamic approaches to schizophrenia. The purpose of this taskforce is to disseminate information about the psychodynamic treatment of schizophrenia spectrum, psychotic, dissociative, and bipolar disorders and to counteract the commonly held belief that psychodynamic approaches are not appropriate for these populations. To this end, the taskforce's current objectives include:

- 1) Publicizing empirical and evidence-based research on psychodynamic psychotherapies for psychosis through the establishment of informational white papers.
- 2) Promoting the inclusion of psychodynamic approaches to psychosis in clinical training programs through the development of curriculum and practicum opportunities.
- 3) Developing teaching tools to help promote the understanding of psychodynamic approaches to psychosis treatment for the public at large.
- 4) Publicizing first-person accounts of successful treatments for psychosis (for example, *I Never Promised You a Rose Garden*; *A Shining Affliction*).
- 5) Establishing links between psychodynamic theories of psychosis and the greater scientific literature (e.g., the correlation between trauma and psychosis).
- 6) Cultivating awareness of working psychodynamically with psychosis populations in diverse clinical settings including private practices, state hospitals, VA medical centers, and other institutional settings.

Annual Activities: The main activity of the Task Force this term has been to organize the Bert Karon Memorial for the Spring meeting. Join us as we celebrate the life, legacy, and ideas of Bertram Karon (1930-2019), who dedicated his life to furthering the psychoanalytic treatment of schizophrenia and other serious emotional disturbances. All are welcome to view psychotherapy clips and share thoughts about this remarkable psychologist.

Section V: The Section for Applied Clinical Psychoanalysis Report

Ghislaine Boulanger, PhD

The Section for Applied Clinical Psychoanalysis was established within the Society for Psychoanalysis and Psychoanalytic Psychology to represent and foster diversity and pluralism in psychoanalysis through a varied program of professional activities. Our members believe that psychoanalytic theory and practice can play a vital role in settings outside our traditional consulting rooms. Whether it is in schools, hospitals, courtrooms, or community meetings of various kinds, we bring psychoanalytic ideas to our professional work in these settings in interesting and important ways.

Whether you are a graduate student looking for a space to explore your psychoanalytic interests, a candidate at an institute looking for new professional opportunities, or a mature clinician looking to expand your horizons, Section V has some surprises in store. And, if you are a layperson interested in finding out how psychoanalytic thinking can expand your worldview, we welcome your questions.

Through our website, <https://section5div39.wildapricot.org/>, our presentations at psychoanalytic conferences (several of which are collected on the website), our annual essay competitions (again the winning essays are posted on our website), and our initiative to introduce psychodynamic consultation to community mental health centers and thus broaden the application of psychodynamic ideas in the public sector, The Section for Applied Clinical Psychoanalysis fosters the exchange of ideas that explore wider and increasingly relevant applications of psychoanalytic thinking and practice.

Please check the website for the most recent news and publications from the Section V initiative introducing psychodynamic consultations to the public sector: <https://section5div39.wildapricot.org/>



Psychotherapy Action Network (PsiAN)

Nancy Burke, PhD, Linda Michaels, PsyD MBA, Janice Muhr, PhD

Why were we formed?

The Psychotherapy Action Network (PsiAN) is a grassroots, nonprofit organization dedicated to advocating for therapies of depth, insight and relationship. We welcome individuals and organizations from all disciplines and theoretical orientations, and we offer free membership to all who endorse our mission. Together with our Strategic Partners--one of which is Division 39/SPPP--we work to educate and advocate with 3 main audiences: the public, legislators and policymakers, and our own professions. Our mission is to increase awareness and understanding of therapies of depth, insight and relationship, and restore them to their fundamental place in the mental health landscape through education and advocacy regarding their personal, economic, and sociocultural effectiveness in alleviating suffering and transforming lives.

PsiAN was formed following a multidisciplinary conference held in Chicago in 2017. The conference aimed to explore the threats to psychotherapy posed by legislation, insurance policies, marketplace interests, biases in research and training, and cultural pressures, and also to suggest helpful directions

interests, biases in research and training, and cultural pressures, and also to suggest noperui directions for collective action. We recently held a similar conference in December 2019, in San Francisco, which was a sold-out success. From our birth in 2017, we've grown to over 2000 individual members and 60 Strategic Partner organizational members.

What are we working on lately?

Our Marketing team is working on the ambitious goal of re-branding talk therapy in the public eye. We say it is long past time to address this issue, as therapies of depth, insight and relationship find themselves squeezed out of the public conversation around how to help those who are suffering. Many perceive psychoanalytic treatment as antiquated, ineffective, never-ending, too expensive, and mainly for the privileged. To be sure, some of these problems have been generated by the psychoanalytic community itself, so all the more reason for us to tackle this ourselves.

With *brand* defined as the set of associations, emotions, expectations and mental models that an entity embodies in the hearts and minds of individuals, we can see clearly that psychoanalytic psychotherapy has been out-positioned and effectively negatively branded by others. Now is the time to take back control of our narrative and share with the public the value and benefits of psychoanalytic psychotherapy.

Led by a team of marketing/branding/research experts, who later became therapists themselves, we've conducted several iterations of primary qualitative research with the general public, and are now moving into quant testing. This project is supported by a \$6000 grant from the Marsha D. McCary (Division 39/SPPP) Fund for Psychoanalysis, and we are very appreciative and proud to have been the grant recipient in 2019.

Other projects

Our Education Committee is tackling the complicated questions and wading into the bureaucracy of graduate education accreditation. We're concerned about the APA's restrictive proposed training rules regarding accreditation of internships and designation of post-doc specialty tracks. We're also collaborating with other disciplines including clinical social work, as they have similar concerns.

Our Children's Committee is crafting informational pamphlets for pediatricians and parents, and a roadmap to help parents navigate their options for accessing psychotherapy.

We debuted our Advocacy Toolkit at our recent conference, and we're building teams and mobilizing members now to develop and leverage relationships with their elected officials to ensure that legislation supports and protects accessibility of psychotherapy and generally accepted standards of care.

We doubled our membership in 2019 and aim to do the same in 2020. If you're not yet a member, take a minute to make it official. Membership is free! To join us and learn more about the many ways you can join our 100% volunteer-powered network and stand up for therapies of depth, insight and relationship, visit our website, PsiAN.org

Fund for Psychoanalysis Committee Report

February 2020

Steve Axelrod, PhD

In a world where human interaction is being mechanized and depersonalized, psychoanalysis plays a critical role in upholding the value of what makes us most human – our inner lives.

The McCary Fund for Psychoanalysis was established to strengthen the voice and increase the visibility of psychoanalysis. Since 2014 we have been giving grants to researchers, educators, and community leaders to support innovation in our field. We have been particularly interested in supporting the next generations of psychoanalysts and psychoanalytically oriented psychologists, and to improving the health and well-being of under-served populations.

The McCary Fund is now focusing its grants on innovative efforts to promote the value of psychoanalytic principles and treatments to the general public. This is exemplified by our 2019 grant of \$6000 to Linda Michaels and the Psychotherapy Action Network (PsiAN) for their project “Re-Brand Talk Therapy for the Next Generation,” which is tapping marketing and advertising experts to increase the general public’s awareness and understanding of psychoanalysis.

You can do something to counter the marginalization of psychoanalysis by giving now and giving regularly to the Fund. Our endowment is over \$200,000 and growing – the more we have the larger our grants and the bigger our impact.

There are several ways to give. You can fill out and mail back the form on this flyer, and remember, if you make a pledge of \$1000 or more you can pay it in increments for up to 5 years. Or you can donate (but not pledge) online by using this link and specifying that your donation is for the McCary Fund for Psychoanalysis.



The Marsha D. McCary FUND FOR PSYCHOANALYSIS

The Div. 39 Fund for Psychoanalysis has been renamed **The Marsha D. McCary Fund for Psychoanalysis** in honor of its founder and devoted leader. Beginning in 2014, the Fund has given grants to help demonstrate the value of psychoanalytic principles and advance the field of psychoanalysis. The Fund is especially committed to supporting the next generations of psychoanalysts and psychoanalytically oriented psychologists, and to improving the health and well-being of under-served populations.

Our Grant Winners & Description of Grants

2019 • Articulating the Value of Psychoanalysis for the Public (\$6,000)

RFP due June 15, 2019

2018 (in process) • Dissertation Research in Psychoanalysis (\$5,500)

Esen Karan, The City College of New York: *The Development of Facial Morphing Task to Assess Self and Other Differentiation*

Michael Palumbo, The City College of New York: *The effect of therapist mentalization on patient symptoms and attachment security*

2017 - Innovation in Psychoanalytic Education (\$5,500)

Francisco J. Gonzalez: *Educational Innovation Towards a Community Psychoanalysis*

The grant was given to help fund the initial development of a Community Psychoanalysis Track (CPT) for candidates at the Psychoanalytic Institute of Northern California (PINC). The funding has supported the establishment of the Community Psychoanalysis Committee, and this committee has overseen the implementation of a pilot project (supported by other funding). Further, the grant has allowed the CPT to establish and maintain relationships with seven community organizations and to develop a Community Track model.

2016 - Direct Community Service (\$6,000)

James Grabowski: *The Kedzie Center - Pequeños Exploradores/Little Explorers.*

The grant was given to help develop an eight-week program supporting parental attunement and responsiveness to the developing young child. At this time, the Kedzie center has completed one ten-week training session. At the end of the session, participants showed more engagement with their children, other parents and other children.

2015 - Research (\$4,000)

Felicitas Rost: *Combining Formal Qualitative Methodology with Outcome Findings to Explore and Elucidate the Sleeper Effect Observed in a RCT on the Effectiveness of Psychoanalytic Psychotherapy for Depression*

The grant was given to study the "sleeper effect" in psychodynamic therapy, that is, the findings that participants in psychodynamic therapy continue to make gains after termination of treatment. Analysis of the first group of qualitative interviews using thematic analysis has shown significant in-congruence between quantitative measures and self-perception of change.

2014 - Articulating the Value of Psychoanalysis for the Public (\$4,000)

Anne Dailey and Ann Prum: *The Talking Cure*

The grant was given to a psychoanalyst and filmmaker duo to help develop a documentary on the history of the "talking cure" from the 20th to the 21st centuries. At last follow-up, funding and distribution realities had narrowed the focus to the uses of psychoanalytic treatment with cases of war trauma.

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